

Why should an Outcome-based Approach be used?

Goals for your child and family..

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Early Childhood Intervention (ECI) practitioners will focus on what you want for your child and family. They will work closely with you to achieve the best outcomes for your child by using their knowledge and expertise.

The goals you have for your child and family are the starting point in developing a plan. Your ECI practitioner can assist with setting goals and formulating a plan through sharing their knowledge and expertise and providing strategies that would best meet the needs and interests of your child and family.

Plans should always reflect the individual needs of your child and family. Plans should reflect your child's and family's strengths and interests. Plans need to be monitored and reviewed regularly with you and the ECI team to make sure goals are worked towards and any changes be made to ensure best outcomes.

Your ECI practitioner should:

- work with you to identify the skills your child needs to be independent and participate fully in everyday life;
- focus on outcomes that you want for your child and family;
- share their expertise and knowledge so you can make informed choices;
- identify the skills you and your family need to achieve these outcomes; and
- break large goals into smaller steps.

Your goals may focus on:

- Your child's developmental and learning needs.
- Your child's health and well being.
- Your family's needs.
- Your child's inclusion in community settings.

A Key Worker is the nominated ECI practitioner who is the main point of contact for your family and helps coordinate the delivery of early childhood intervention services for your child.

An ECI practitioner is a professional who works with your child and family to deliver early childhood intervention. This could be a key worker, therapist or other specialist.



“As well as helping Donnie to talk and socialise, what we really wanted as a family was for Donnie to sleep through the night so we could function better as a family. Our key worker helped us work out ways of doing this while understanding what we could take on at the time.”

This information sheet is part of a set of resources for families on the principles of 'Best Practice in Early Childhood Intervention'.

Early Childhood Intervention Australia (WA/NT Alliance) (2017)
Choosing Quality Early Childhood Intervention Services and Supports for Your Child: www.ecia.org.au

Carers Victoria and ECIA Victorian Chapter (2013)
Making a Start: Building supports for your child and family: www.eciavic.org.au